

Somerset Health and Wellbeing Board

Report for information

An update on Positive Mental Health: A joint Strategy for Somerset

Lead Officer: Andrew Keefe & Louise Finnis

Author: Andrew Keefe and Louise Finnis

Contact Details: [Tel No] 01823 357262

	Seen by:	Name	Date
Report Sign off	Relevant Senior Manager / Lead Officer (Director Level)	Trudi Grant	4/03/19
	Cabinet Member / Portfolio Holder (if applicable)	Christine Lawrence	4/03/19
	Monitoring Officer (Somerset County Council)	Scott Wooldridge	12/03/19

Summary:	<p>Positive Mental Health: A joint Strategy for Somerset, was published in 2013, and set the strategic direction of mental health support service for 2014-2019. The Health and Wellbeing Board has overseen delivery of the strategy over this time.</p> <p><i>This report presents an update on the delivery of the Strategy, now that it is coming to an end, and calls for the refocusing of the strategy to ensure the continued relevance and impact of locally developed initiatives to promote positive mental health for the whole population of Somerset.</i></p>
Recommendations:	<p>That the Somerset Health and Wellbeing Board accepts the contents of the report and approves the recommendation of a refocused collaborative strategy. This strategy will include a new mental health model of delivery which puts greater emphasis on prevention and early intervention and to enable individuals to move within the new model as their needs change. The model will ensure current mental health services are safe and that it provides a platform to build parity with physical health services to deliver the Five Year Forward View for Mental Health.</p>
Reasons for recommendations:	<p><i>The existing strategy was published in 2013 and was effective for five years: it now needs to respond to the changing environment including both national and local drivers, resulting in the need for a refocused strategy.</i></p>

Links to Somerset Health and Wellbeing Strategy	<i>The strategy forms a key link to the new Improving Lives Strategy as a key golden thread to all priorities.</i>
Financial, Legal and HR Implications:	None
Equalities Implications:	None as this report is for information. Equalities implications will be considered within all future work
Risk Assessment:	None

1. Background

1.1. In 2013 the Strategy was brought to the Board ready for its launch in 2014.

1.2. The vision of the strategy was that...

“People in Somerset are supported to maintain their mental health and wellbeing and are always able to access the right help, treatment and support when needed to maintain their independence and increasing their resilience, recovery and wellbeing”.

1.3. The document presented an analysis of the mental health needs assessment of the County and presented a range of approaches to address the identified deficits, including:

- Tackling stigma;
- Developing resilient people and communities;
- Targeting the emotional health and wellbeing of children, young people and families;
- Commissioning for quality and the best outcomes; and
- Promoting service delivery to ensure the right service was provided at the right time and in the right place.

2. Options Considered and reasons for rejecting them

2.1. Not applicable at this stage

3. Consultations undertaken

3.1. Not applicable at this stage

4. Implications

4.1. Not applicable at this stage

5. Background papers

5.1. None